

**MINUTES: Healthy Carolinians of Macon County – Steering Committee**

**DATE:** September 8, 2010

**PLACE:** Health and Human Services Building

**TIME:** 8:30 – 10:00 AM

**ATTENDEES:** Rhonda Blanton, Teresa Breedlove, Dan Brigman, Lisa Hilliard, Teresa Mallonee, Barbara McRae, Kathy McGaha, Holly Rogers, Yvonne Smith, Sheila Southard, Jim Thurmond and Vince West

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>	<b>FOLLOW-UP</b>
Welcome and Approval of Minutes	Teresa Mallonee welcomed everyone to today’s meeting of the Steering Committee. Ms. Mallonee asked the committee members to review the minutes of the last meeting. Dan Brigman motioned for the approval of the minutes. Vince West 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
HCMC Value to your Organization	<p>Kathy McGaha passed out a word doodle for the committee members to review and discuss. Ms. McGaha said the word doodle can be used as a tool to express the worth of Healthy Carolinians.</p> <p>Ms. McGaha said some examples derived from the word doodle are:</p> <ul style="list-style-type: none"><li>➤ A value to the community</li><li>➤ A value to other organizations</li><li>➤ A value to businesses</li><li>➤ A value to religious organizations</li><li>➤ A value to the general public</li><li>➤ Provides support</li></ul> <p>Holly Rogers stated that in Macon County, there is not another organization like this. She explained that HCMC touches many groups and organizations in Macon County and is used in a way to tie all these groups and organizations together.</p> <p>Teresa Mallonee stated that HCMC helps in the prevention of duplication of services, so that different groups and organizations don’t work on the same project and compete against each other. Ms. Mallonee also said that HCMC has a wealth of information and has a great ability to gather it.</p>		

**MINUTES: Steering Committee**

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<p>Sheila Southard stated that HCMC prevents “turf issues” among groups and organizations in Macon County.</p> <p>Ms. McGaha asked the committee members to consider the worth of HCMC to their own groups and organizations. Ms. McGaha asked the committee members to send her any other comments or thoughts on this issue.</p>		
Committee Updates	<p>Teresa Mallonee asked for an update on the following committees or task forces:</p> <p><u>Access to Care Committee</u> – Lisa Hilliard, Chair</p> <ul style="list-style-type: none"> <li>• Lisa Hilliard explained that this committee is ready to focus on a new direction. Ms. Hilliard said the committee members have been discussing possible ideas. Ms. Hilliard said three areas discussed at the last meeting were; <ul style="list-style-type: none"> <li>▪ Monitoring Healthcare Reform</li> <li>▪ Mental Health</li> <li>▪ Integrating services (Ex: mental health) into the primary care clinic setting</li> </ul> </li> <li>• Ms. McGaha said to better understand the topic of monitoring healthcare reform; the committee members will be discussing it at their next meeting. Ms. McGaha informed the Steering Committee members that there is now a link on this topic at the Healthy Carolinian website.</li> <li>• Ms. McGaha informed the committee members that Jerry Hermanson is looking into grants, with the hope of integrating mental health services into both community care clinics in Macon County.</li> <li>• Ms. McGaha informed the committee members that the Primary Care Clinic in Franklin is now open two nights during the week – Monday’s and Wednesday’s. Ms. McGaha encouraged the committee members to volunteer.</li> </ul>		

**MINUTES: Steering Committee**

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<p><u>Chronic Disease Committee</u> – Teresa Breedlove, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha stated that this committee had been discussing and considering a stronger County Tobacco Policy. Ms. McGaha said the committee members had reviewed laws and examples that have been used in other places. This committee had invited Commissioner Bob Simpson and Vince West to attend a meeting to further discuss this issue.</li> <li>• Ms. McGaha updated the Steering Committee members about the Regional Obesity Initiative. Jennifer Garrett and Ms. McGaha have been attending as representatives for Macon County.</li> <li>• Ms. McGaha said a meeting will be held in Asheville on October 22<sup>nd</sup>. This program is being sponsored by MAHEC and is titled WNC Healthy Kids.</li> <li>• Ms. McGaha said a meeting had also been held recently with all the county PE teachers. Ms. McGaha said Fitnessgram Program information had been given to them. Ms. McGaha said Macon County is one of two counties to participate in this program.</li> </ul> <p><u>Community Needs Assessment</u> – Marty Wadewitz, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha reported that this committee had recently had a meeting with five in attendance.</li> <li>• Ms. McGaha explained with Anne Hyder’s retirement, Marty Wadewitz has agreed to replace her as chair of that committee.</li> <li>• Ms. McGaha said the committee members further discussed who should compose the makeup of this committee. One suggestion was to invite someone from the VA Clinic. Roberta Swank offered to meet with the director and explain what the Community Assessment is. Ms. McGaha said the VA Director has agreed to participate.</li> </ul>		

**MINUTES: Steering Committee**

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<ul style="list-style-type: none"> <li>• Ms. McGaha said she would be meeting with Bill Stiles to discuss the Community Assessment and what he could do with the money we have available.</li> </ul> <p><u>Elder Care and Caregivers Committee</u> – Sheila Southard, Chair</p> <ul style="list-style-type: none"> <li>• Sheila Southard said this committee is still pursuing the topic of Senior Friendly Communities and the committee members are busily collecting information on this topic.</li> <li>• Ms. Southard said she had met with Jack Morgan with Building Inspections to discuss the topic of universal design. Ms. Southard said she plans to meet with Reggie Holland, a local builder, in the near future.</li> </ul> <p><u>Environmental Quality Task Force</u> – Barry Patterson, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha explained that the members of the task force had recently toured the Coweeta Lab facility. This tour was very informative and new partnerships have since been developed.</li> <li>• Ms. McGaha said the members of this task force have considered different topics to next pursue and voted to next look at water.</li> </ul> <p><u>Mental Health Committee</u> – Jim Bruckner, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha said this committee has not met recently, but with the recent Smoky Mountain divesture issues there have been a lot of changes in our local area.</li> </ul> <p><u>Strengthening Families Committee</u> – Vanessa Bailey, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha said this committee will undertake the Homeless Count again in January.</li> <li>• Ms. McGaha said this committee is still discussing possible solutions to some of our homeless issues. Ms. McGaha reminded the</li> </ul>		

**MINUTES: Steering Committee**

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<p>Steering Committee that there is no homeless shelter of any kind in Macon County.</p> <ul style="list-style-type: none"> <li>• Ms. McGaha stated that some churches in Jackson County had joined together in providing food and shelter during the winter months. Ms. McGaha said this is a possible solution for Macon County.</li> <li>• Ms. McGaha said MPP had just finished a strategic planning process, and focusing more on homeless issues is one area that MPP will be concentrating more on.</li> <li>• Ms. McGaha also informed the Steering Committee members that the Childcare Issues Committee had recently held a meeting with local businesses and organizations to further discuss childcare issues they face with their employees and their families.</li> </ul> <p><u>Substance Abuse Task Force</u> – Robby Holland, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha said this task force is still working on the issue of prescription drug abuse. Several task force members have visited Wilkes County to review their prescription drug abuse program and its success.</li> <li>• Ms. McGaha said one component of the Wilkes County program was to encourage all local physicians, dentists and pharmacies to enroll in a state database program that allows them to see what prescriptions for controlled substances have been written for anyone statewide.</li> <li>• Barbara McRae said there also have been newspaper articles about Sheriff's in North Carolina also wanting to be included for access to this database.</li> <li>• Ms. McGaha said she has scheduled a meeting on September 20<sup>th</sup> to talk with the AMC Medical Staff about enrolling and using this database.</li> </ul>		

**MINUTES: Steering Committee**

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
	<ul style="list-style-type: none"> <li>• Ms. McGaha said the Substance Abuse Task Force has also partnered with the North Carolina National Guard. MSgt Mark Pilon and David Hinnant are part of the NCNG Counterdrug Task Force – Drug Demand Reduction.</li> <li>• Ms. McGaha said that MSgt Pilon and Mr. Hinnant will be setting up a display table at Highlands, FHS and Macon Middle during Red Ribbon Week. He will visit Nantahala at a later date. Ms. McGaha said an essay contest will also be conducted at Macon Middle.</li> </ul>		
Other Items for Discussion	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> <li>○ Healthy Carolinian State Conference – Kathy McGaha informed the committee members of the upcoming Healthy Carolinian State Conference to be held on September 30<sup>th</sup> and October 1<sup>st</sup> in Greensboro. Rhonda Blanton and Ms. McGaha will be attending.</li> <li>○ Youth Risk Behavior Survey Results – Kathy McGaha informed the committee members that a meeting date has been set to release the results of the last Youth Risk Behavior Survey. Ms. McGaha said this meeting has been set for Friday, October 29<sup>th</sup>. It is scheduled from 1:00 PM – 3:00 PM at the Macon Bank Corporate Center.</li> <li>○ Resource Center – Sheila Southard reported that the Resource Center has been so busy, that it is now covered by two full-time employees. Ms. Southard also explained the Benefit Bank. Ms. Southard said the Benefit Bank covers any program that federal dollars are connected too, and now anyone can come in and see if they are eligible for those programs.</li> <li>○ Owen House – Dan Brigman said the current plans are to eventually make the Owen House a Family Resource Center. Dr. Brigman stated that</li> </ul>		

**MINUTES: Steering Committee**

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION</b>	<b>FOLLOW-UP</b>
	he hoped Healthy Carolinians would be involved with this.		
Next Meeting Date	The next meeting of the Steering Committee will be held on Wednesday, December 8 <sup>th</sup> , from 8:30 -10:00 AM in Meeting Rooms A/B at the Health and Human Services Building.		